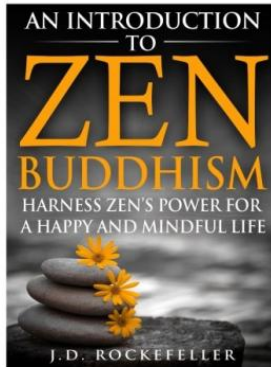


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# AN INTRODUCTION TO ZEN BUDDHISM: HARNESS ZEN'S POWER FOR A HAPPY AND MINDFUL LIFE



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