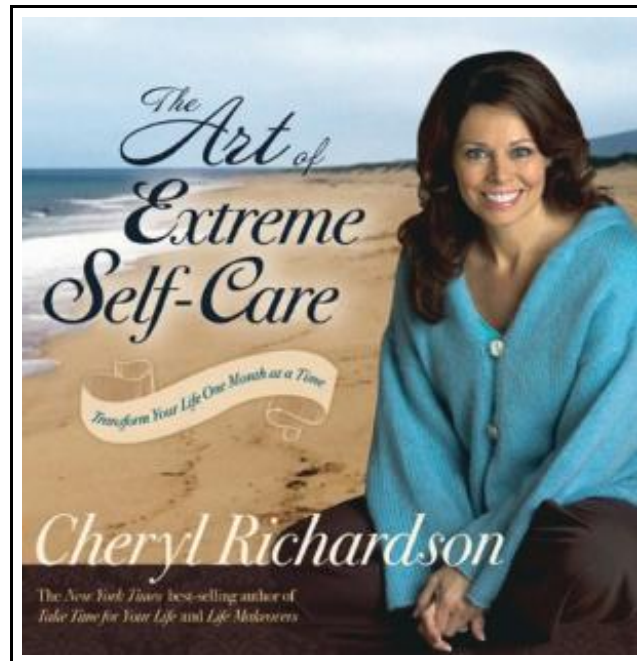


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## THE ART OF EXTREME SELF-CARE: TRANSFORM YOUR LIFE ONE MONTH AT A TIME (4TH)



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