



## 8 to Great: The Powerful Process for Positive Change

By M. K. Mueller

Insight Enterprises Inc, 2010. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book. The 8 High-Ways of 8 to Great 8 to Great is a process that people all over the world are now using to lose weight, find a better job, improve their relationships, make more money and find greater peace. It is the process used by the lead character in every true story film, such as Rudy or Pursuit of Happiness. Whether you want to become a great friend, a great artist or a great athlete, the process is the same: 1) Get the Picture Visualizing the outcome until it feels good is the first step to any dream or goal. Once you're clear on your destination, keep thinking about it until you can get excited by what it will be like. Then, from that good-feeling place, the next step will reveal itself as surely as the next yellow brick showed up on Dorothy's road to Oz. Visualize yourself getting the diploma, driving the new car, or laughing with loved ones. It'll take you straight to "95" on the Power Pyramid. 2) Risk Once your dream starts to take shape, your next step will...



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