



## Weaning among mothers of children in Nepal. Practices, beliefs and taboos

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Neuware - Master's Thesis from the year 2014 in the subject Medicine - Public Health, Rajiv Gandhi University (padmashree school of public health), course: Masters in public health, language: English, abstract: The study was conducted in Sinam VDC of Taplejung district of Nepal. It is descriptive cross sectional study. The data collection methods were used for this study was semi structure questionnaire to assess practice and structured guideline for Focussed Group Discussion to understand the beliefs and taboos on weaning in the area. Results: A total of 120 mothers with children aged between 3 month to around 3 years were included to assess the weaning practice of which 49.2% were below 1 year, 35% were within 2 years of age, 14.2% less than or of 3 years of age, 1.7% were above 3 years.52.5% of children were male and 47.5% were female.33.3% of families had 2 children and 15.8% of families had 5 children. Majority of them belonged to Janajati(35%) which was predominant ethnic group. Majority of respondents belonged to Hindu religion (66.7%) 34.7% of respondents had primary level...



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