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Finding the Words: Candid Conversations with Loved Ones

By Halpern, Susan P.

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Summary: "Simple and profound reflections on the difficult art of speaking the truth to those we love." -Sam Keen, author of *Fire in the Belly* "Susan Halpern reminds us that the difference between relationships that last and those that don't is often not love but honesty. Reading *Finding the Words* is like taking out an insurance policy on the most precious of our relationships. It will carry you through times of crisis and enable you to rebuild the relationships that are the foundation of your life, often making them stronger and better than before." -Rachel Naomi Remen, MD, author of *Kitchen Table Wisdom* and *My Grandfather's Blessings* "It is a blessing to have such wise and considerate help for some of the most important conversations of your life." -Jack Kornfield, Buddhist teacher and author of *A Path with Heart* "Finding The Words is a one-of-a-kind treasure. It is a must-read for anyone navigating the often-tricky waters of effective and heartfelt conversations with loved ones. We all owe a debt of gratitude to Susan Halpern for bringing these inspiring stories and inspired principles..."



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