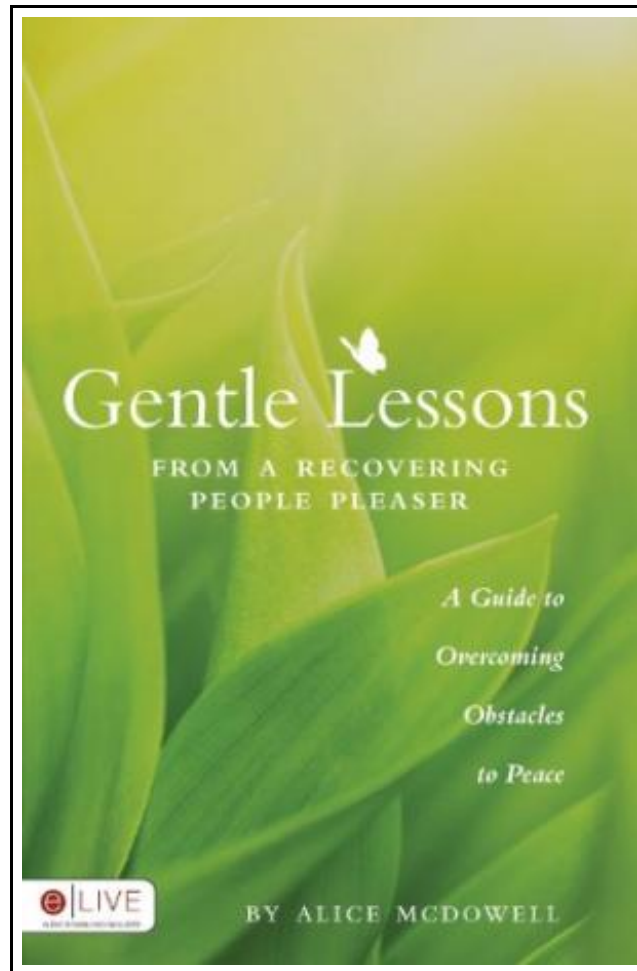


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Tate Publishing Enterprises, United States, 2009. Paperback. Book Condition: New. 208 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.Gentle Lessons for a Recovering People Pleaser offers you remarkable, groundbreaking information; step-by-step instructions to identify life s purpose; and the tools to transform inner turmoil to the tranquility desired. A multitude of books are on the market to tell you what to do, but rarely do they give you specific steps on how to accomplish achieving peace in your life. This book offers both! People come into your life for a reason, a season, or a lifetime. Each has something to teach you, the calling to assist you, or the experience to give you guidance. Relationships offer life-long lessons to help you learn how to build a solid emotional foundation within. Your role is to identify and accept the lesson and then use what you have learned in all your relationships at home, work, or play. Few of us are aware of the repressed, unhealed emotional wounds we carry inside from childhood trauma even fewer are aware that these wounds create problems and pain within us daily. As long as these wounds are unrecognized and repressed, we see life through the emotional lens of a child. With McDowell s knowledge, you will be able to recognize and release the pain, heal the past, and begin to see life differently. Ali McDowell, R.N., MA, Hypnotherapist, Teacher, Spiritual/Life Coach, and Ordained Minister, has forty years of teaching and counseling experience. She has held successful workshops on her process as described in her new book. She is a two-time cancer survivor and the author of *The Good News: It s Cancer*. She is as inspiration to all who know her. She lives in Tennessee with her husband and...



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