



Adventures in Chinese Medicine: Acupuncture, Herbs, and Ancient Ideas for Today

By Jennifer Dubowsky L a C

Createspace, United States, 2013. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.Welcome to Adventures in Chinese Medicine! This book takes you through the essential ideas and describes the amazing techniques of Traditional Chinese Medicine - all explained in friendly, understandable language illustrated with charts, photographs, cartoons, and diagrams. These treatments have been practiced and refined in Asia for over 2,500 years, but are only recently being discovered in the U.S. and Europe. Adventures in Chinese Medicine unlocks the secrets of common treatments and the history behind them; such as Acupuncture, Cupping, Moxabustion and Herbal Medicine. Unique concepts such as tongue and pulse diagnosis are deciphered and clarified. Ideas that are fundamental to Chinese Medicine - Yin and Yang, Qi, meridians, the five elements - are all discussed in uncomplicated terms, you can comprehend. Adventures in Chinese Medicine also provides stories from other acupuncturists and patients and even gives you helpful information about what to expect on your first appointment. This unique book is designed for individuals who want to learn more about the practices and philosophy of Chinese Medicine, for practitioners who want to educate their patients, for those...



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